

The Healing Compass by Lori Elisë Kroh LMT, CRM, IWC

Covid-19 Protocols & Guidelines

You will only need to sign once. If updated, there will be a new form to sign.

SCREENING/ENTERING BUILDING

- I will be pre-screening each client via phone for each appointment prior to booking (no online booking will be available).
- Clients will be given an email and/or hard copy of the protocols and safety/health information for their reference.
- You will need to notify me of your arrival and I would let you know when it is safe to enter the building (from the street-side entrance of Crescent Moon Gifts only, not through the CMG main doors).
- There will be a per session waiver with questions regarding Covid-19, with the client giving consent for services.
- Client temperature will be taken upon arrival, prior to entering the room. A no-contact thermometer will be used to take temperature.

SESSION DURATIONS

- All massage sessions will be limited to 60 minutes for the time being. The cost is reflected for the durations. 30-minutes: \$40, 45-minutes: \$50, 60-minutes: \$70. Keep in mind that I do offer customized discounted pre-paid packages and memberships to help you save money.

MASKS/SANITIZATION/HYGEINE

- I will be wearing a disposable mask for each session, on top of stricter cleaning and sanitizing between clients. I already allow myself 30 minutes between clients and that time will be utilized for more thorough sanitization.
- Clients will be required to wear a mask. This is also a building requirement. Masks will not be necessary if lying face down, as the face cradle will have a pillowcase "net" to catch any moisture particles. Clients would have the option to stay face up or lie on their side for the entire session. - Masks must be a 2-3 layer cloth mask or surgical mask. If you do not have a mask, I will have disposable surgical masks available for \$1 each. You will need to notify me upon arrival if you need a mask so that I can supply it to you upon entering the building. *If you are uncomfortable wearing a mask for the duration of the session, laying face down with a pillowcase net below is an option.
- Hand sanitizer must be used upon entering my treatment room. Please refrain from touching anything in the room that is unnecessary.
- Clients must wash their hands prior to session start.

OTHER PROTOCOLS

- Talking must be kept at a minimum during the Massage or Reiki session. Conversation relating to the session is highly encouraged concerning symptoms, needs and feedback, while any unnecessary conversation needs to be kept at bay in order to limit the amount of moisture particles being emitted, even with masks on.
- If you are ill, have symptoms that resemble that of Covid, you will not be able to receive services.
- If you have an underlying condition or compromised immune system, it is recommended that you stay home.

CONTACT TRACING

- Your information will not be shared with anyone that is not permitted in writing by you. With that being said, contact tracing is not reporting any information to any agency or party if you visit The Healing Compass. Your contact information and health information is kept private per the HIPAA law.
- If you are to present symptoms that resemble a virus and/or you test positive for Covid within 14 days after your session visit, you will uphold your ethical duty to contact Lori at The Healing Compass. From here, Lori will contact all other clients that shared the same day of visit to let them know that someone has tested positive or has shown symptoms that resemble a virus. Your name or contact information will not be divulged.

Print Name _____

Signature _____ Date _____

Name of Signed if Caregiver or Parent _____